# FLOW Joyful Change in Action



how to?

#### Synchronicity is another word for Flow



Things align miraculously

Flow is a state of relaxed centeredness



Flow is letting go of your need to control



Flow is allowing for the larger picture to unfold



Flow is a joyful ride along the stream of life



## Flow is DOING in a state of BEING



In our busy world we have forgotten to simply BE



Slow down and realign to your own pace



# When you balance DOING and BEING you return into your flow



BE what you are created to BE

So you can DO what you are meant to DO



To HAVE

what you are meant to HAVE

#### Joyful Change Your Reality



Let's connect for your free 30 minutes Clarity Call on Zoom

contact@joyful-change.com